RAISED IN MENU WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Grissini & pesto with tomatoes	Flat bread & hummus with cucumber	Rice cakes, tomato & cream cheese	Savoury pancakes	Focaccia bread with olives
	Fruit selection	Fruit selection	Fruit selection	Fruit selection	Fruit selection
Lunch	Nigerian jollof rice with chicken or Quorn & chickpea jollof rice (v) With peas & braised	French sausage & bean cassoulet or Courgette, bean & tofu cassoulet (v) With broccoli &	Lamb kofte stuffed pitta pockets or Falafel & feta pitta pockets (v) With Greek salad &	Thai salmon fishcakes or Thai stir fried noodles (v) With sweet'n'sour	Pizza with tomato, salami & mozzarella or Pizza with tomato, basil & mozzarella (v) With coleslaw & swee
	cabbage	carrots	sweetcorn	vegetables & peas	potato wedges
Dessert	Pineapple & cherry sponge with custard	Apple tart tatin	Oat & dried fruit flapjack	Courgette cake with lemon mascarpone	Sicilian lemon & polenta cake
	Fresh fruit available every day	Fresh fruit available every day	Fresh fruit available every day	Fresh fruit available every day	Fresh fruit available every day
Mid Afternoon Snack	Oat cakes & cottage cheese	Wholemeal banana bread	Crostini with smoked salmon pate	Crackers & smoked mozzarella	Bread sticks & bean dip
Afternoon Tea Snack	Courgette & mint frittata	Pizzetta	Avocado sushi & prawn characters	Cheese & onion puffs	Sweetcorn & feta fritters

RAISED IN MENU WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday	
Morning Snack	Grissini & pesto with tomatoes	Flat bread & hummus with cucumber	Rice cakes, tomato & cream cheese	Savoury pancakes	Focaccia bread with olives	
	Fruit selection	Fruit selection	Fruit selection	Fruit selection	Fruit selection	
Lunch	Spaghetti bolognaise or Leek & cheddar mac'n'cheese (v)	Moroccan lamb tagine with cous cous or Coconut pumpkin curry with rice (v)	West country pork sausage & gravy or Quorn sausages & veggie gravy (v)	Japanese stir fried chicken noodles or Penne pasta pomodoro (v)	Mexican beef burrito or Mexican veggie mince burrito (v)	
	With peas & broccoli	With roast cauliflower & carrots	With mash, green beans & sweetcorn	With cabbage & minty courgettes	With coleslaw & peas	
Dessert	Vanilla chocolate 'Tiramisu'	Orange & cinnamon cake	Apple crumble & custard	Berry & oat flapjack	Chocolate and beetroot brownie	
	Fresh fruit available every day	Fresh fruit available every day	Fresh fruit available every day	Fresh fruit available every day	Fresh fruit available every day	
Mid Afternoon Snack	Rosemary crackers	Oat bars	Cheddar cheese breadsticks	Crudité & hummus	Crisp bread & herby cream cheese	
Afternoon Tea Snack	Veggie samosa, tzatziki & naan	Sweetcorn & mayonnaise pasta salad	Ploughman's board	Spring rolls, rice balls & cucumber	Tomato & Mozzarella calzone	



BIANCHIS