

Outdoor Play

At Raised In we recognise the importance of daily outdoor play and physical development and we're committed to ensuring all children have daily access to the outdoors, regardless of their age and stage of development.

Where possible this includes the children having free access to the outdoors allowing them the freedom to play indoors or out. We make reasonable adjustments where required, in line with the Equality Act 2010. We go out to play with all children in all weathers (unless it is deemed unsafe).

We understand the vital role that learning outdoors has on children's learning and development as well as the importance of regular access to outdoor play to keep fit and healthy, develop children's large and fine motor skills, experience learning in a natural environment and access sunlight to absorb vitamin D more effectively.

The outdoor areas, both within the nursery and in the local community have a wealth of experiences and resources, which help children to learn and develop in a variety of ways, including independence, exploration and investigative skills, risk-taking and self-esteem, all of which support children to develop skills now and for the future.

We take reasonable steps to ensure the safety of children through risk assessments whilst balancing the benefits to learning by providing an element of 'risky play'. This type of play allows children to explore and find their boundaries in a safe environment with supportive Educators.

We ensure outdoor play is adequately supervised and we have robust safety checks in place.

We obtain parent/carer permission when the child starts nursery to ensure that the child is granted permission to go on outings. This includes short outings into the local community. There is more information about this in the Outings Policy.

We provide all outdoor play opportunities and outings to complement the early years curriculum, this includes providing children with purposeful activities and quality resources that support and follow their interests and the seven areas of learning and development. We provide both adult-led and child-initiated opportunities to enable children to learn and practise new skills, knowledge and behaviours.



Where activities take place away from the setting (e.g. in the local wood) on outings a trained paediatric first aider will be present.

Signed: Nicola Brimble

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This policy links to: Health and Safety Policy, Missing Child Policy, Safeguarding and Child Protection Policy and Outings Policy